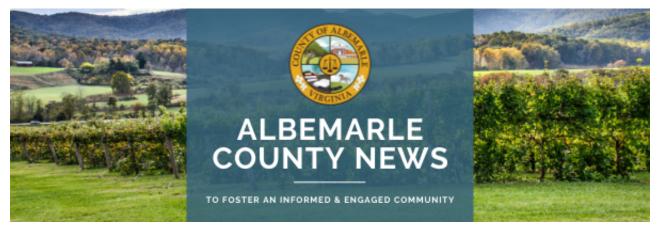


Jim Duncan <jim@realcentralva.com>

### **Updated Outdoor Facility Closures**

1 message

County of Albemarle <newsletter@albemarle.org> Reply-To: newsletter@albemarle.org To: jim@realcentralva.com Tue, Apr 7, 2020 at 4:17 PM



General County News Tuesday, April 7, 2020

### **Outdoor Facility Closures**

#### **NEW: School Stadiums and Tracks**

Albemarle County Public Schools has closed all high school tracks and stadiums until further notice due to violations of social distancing. Elementary and middle school tracks and fields **remain open** to the public; visitors **are required** to observe a social distance of at least 6 feet while using these facilities and to clean up after themselves.

#### **Tennis and Basketball Courts**

All County tennis courts and basketball courts within Albemarle County parks, at Albemarle County Public Schools, and at Crozet Park are closed to use until further notice. Please observe posted signs.

#### **School Playgrounds**

Playgrounds at County public schools have been closed until further notice.











MAINTAIN A DISTANCE OF 6 FEET OR MORE AT ALL TIMES

This does not apply to members of the same household:

## Do Your Part. Help Us Keep Our Parks Open.

We know how important fresh air and outdoor activity is. We consider our parks and trails essential parts of our community. We must balance this with our responsibility to reduce transmission of COVID-19. Please consider adhering to social distancing when using our parks and trails so that we may keep them open for everyone to enjoy.

Park visitors will see Park Ambassadors in our high use parks at peak times. They will monitor our parks and encourage visitors to observe the CDC social distancing guidelines.

# **Open Spaces & Trails Recommendations**

- Follow CDC's guidance on personal hygiene prior to heading to trails wash hands, carry hand sanitizer, **do not use trails if you have symptoms**, cover your mouth and nose when coughing or sneezing, etc.
- Observe at all times CDC's minimum recommended social distancing of six feet from other people. Practice it and know what it looks like. Keep it as you walk, bike, hike, or fish
- Warn other trail users of your presence and as you pass to allow proper distance and step off trails to allow others to pass, keeping minimum recommended distances at all times
- Signal your presence with your voice, bell or horn
- Note that public restrooms in County parks are closed be prepared before you leave and time outings so that you are not dependent on public restrooms
- Bring water or drinks
- Bring a suitable trash bag. Leave no trash, take everything out to protect park workers

**Explore our Trails** 

## **Dog Park Recommendations**

- No more than 10 patrons (humans) allowed in the dog park at any time
- Follow CDC's guidance on personal hygiene prior to heading to the dog park —
  wash hands, carry hand sanitizer, do not use the park if you have symptoms,
  cover your mouth and nose when coughing or sneezing, etc.
- Observe at all times CDC's minimum recommended social distancing of six feet from other people. Practice it and know what it looks like. Maintain it during your time at the dog park
- Bring water or drinks
- Bring a suitable trash bag. Leave no trash, take everything out to protect park workers

#### **Visit our Dog Parks**

#### What You Can Do

First, share this message with your neighbors, friends, and colleagues. Signup to receive these messages in your inbox.

The Centers for Disease Control and Prevention (CDC) has a wealth of resources for businesses, households, schools, and faith-based organizations at <a href="mailto:cdc.gov/coronavirus">cdc.gov/coronavirus</a>. The CDC is specifically encouraging people to:

- Avoid close contact with people who are sick.
- Put distance (6 feet minimum) between yourself and other people (social distancing).
- Stay home when you are sick, except to get medical care.
- Cover your coughs and sneezes with a tissue and throw the tissue in the trash.
- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly

dirty.

 Clean and disinfect frequently touched surfaces and objects (e.g., tables, countertops, light switches, doorknobs, and cabinet handles)

# WHEN TO CALL 911 FOR EMERGENCIES

### Call 911 IFYOU:

HAVE DIFFICULTY BREATHING	HAVE A HIGH FEVER	HAVE SYMPTOMS OF HEART ATTACK OR STROKE
ARE CONFUSED, DISORIENTED, OR DIZZY	HAVE SUDDEN, SEVERE PAIN	HAVE AN ALLERGIC REACTION

#### DO NOT CALL 911 IF YOU:

WANT INFORMATION ABOUT COVID-19
NEED A RIDE TO THE DOCTOR'S OFFICE
WANT TO GET TESTED
HAVE MILD SYMPTOMS

For general information about COVID-19, but NOT for screening/testing, call TJHD Hotline: 434-972-6261











# Stay Up-To-Date on COVID-19 (Coronavirus) Information

- <u>The Centers for Disease Control and Prevention (CDC) Corona Virus Information</u>
- <u>Virginia Department of Health (VDH) Corona Virus Information</u>

The Thomas Jefferson Health District (TJHD) is our community's local public health agency and works closely with the Virginia Department of Health (VDH) and the Centers for Disease Control and Prevention (CDC). *TJHD has opened a hotline at (434) 972-6261 to answer questions from the public* regarding COVID-19. At this time, that

number is staffed Monday through Friday from 8 am to 4:30 pm. The public can leave messages that will be returned as soon as possible.

If you are experiencing a medical emergency, please call 911.













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